

During a global pandemic, how do we get through? As humans we need to adapt and be resilient. In Aotearoa New Zealand, we did this by slowing our lives down completely. We remained in our homes, while schools and workplaces were closed. Our interactions and outdoor activities were limited, and we could only travel for essentials.

For the exhibition *De-celerate*, artists from around the world were invited to show how slowing down has affected their ways of thinking, being or making work. Some of the artwork might tell us that by slowing down, humans might learn to live within their environment with greater empathy and care.

De-celerate

Family Activity Pack

5 September 2020 –
29 November 2020

TeTuhi

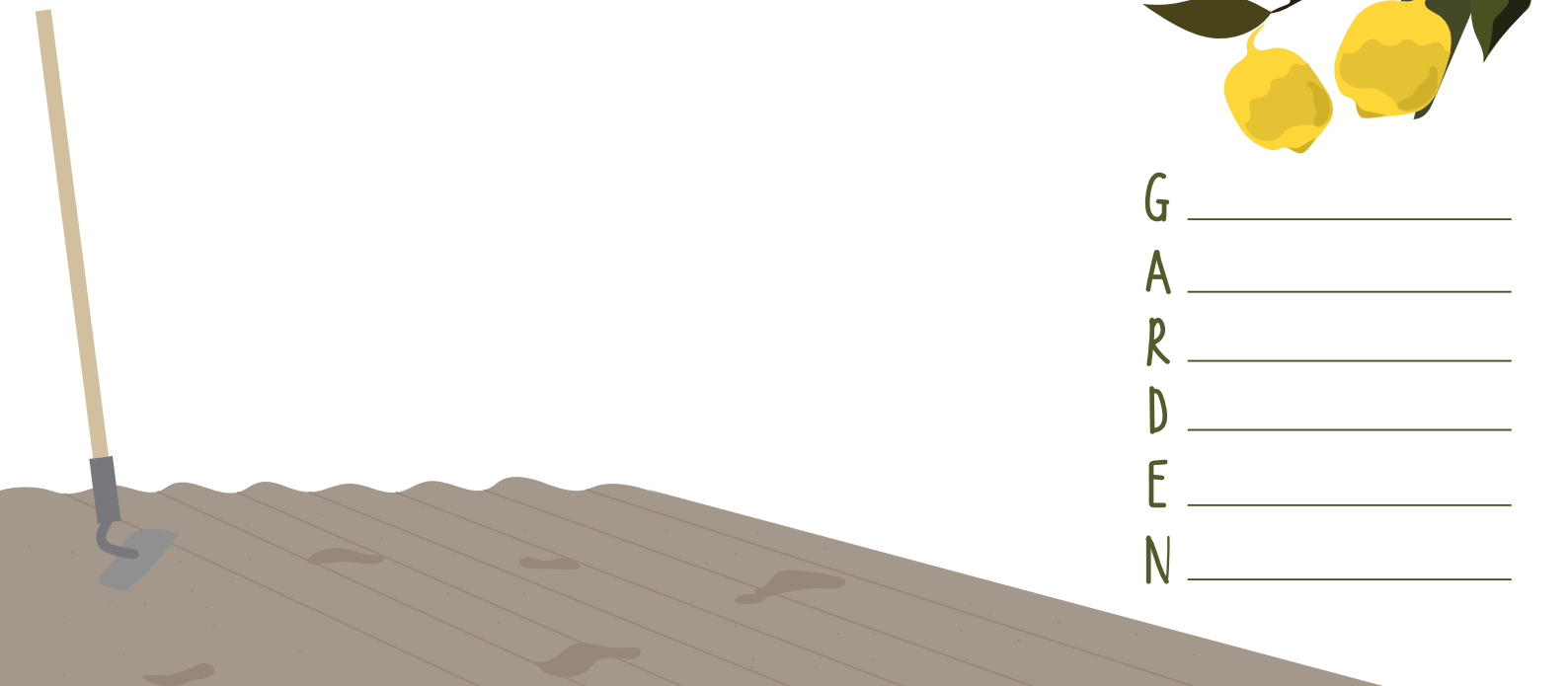
→ Activity two

Chilean artist Francisco Huichaqueo created a film that tells the love story between father and son. It shares his childhood memories of his father in their garden. Caring for the land, growing produce and gardening, connect their family to the earth, as well as connecting them to their Mapuche origins.

In the video you can see a lemon tree.

If you could grow your own fruit and vegetables at home, what would you grow?

Draw your garden below.



→ Activity one

During the lockdown, most artists were unable to buy art materials. They had to be even more creative and use the materials they already had at home. Every day of the lockdown, artist Francisco Vidal made detailed drawings using white sheets and black ink.

What did you do during lockdown?

Draw a picture of your favourite activities.

DO NOT STOP!

→ Activity three

The film *Spirit Women* (2020) is also made by Francisco Huichaqueo. It is a film about women writing poetry and songs related to their land and communities in Latin America. Their poetry and songs share their appreciation for their environment.

Write a poem about your garden at home, or an imaginary garden.

Fill in the blank spaces with words or phrases beginning with the first letter of each line.

You could write about why you love your garden, its beauty, the colours, the insects and animals that visit, or the activities you do there.

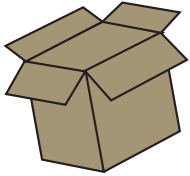
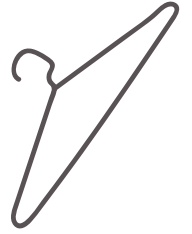


G _____
A _____
R _____
D _____
E _____
N _____

→ Activity four

The Waitara Project (2020) is a recycling community project started by artist Fiona Clark over 30 years ago. The project encourages people to slow down their buying and to swap an item they have at home for an item in the shop.

Draw one of the items you see from *The Waitara Project*. Then, draw an item you have at home that you could swap it for.



→ Activity five

The Green Vessel is an artwork designed to show different ways of living, in this case on the water. The artwork makes us think how we will live, with the increasing risk of flooding and rising sea levels. The building was inspired in the research of architects, botanists, engineers and local communities in different countries. The sculpture in the exhibition is a model of a larger vessel that could contain living spaces and areas to grow food.

Design your own floating house.

How does it float?

Who lives there?

Which plants would you grow on your house?

